

NYC SAILING INSTRUCTIONS (SI) for Sunday & Thursday Series Sailing, 2022

(Revision Apr, 2022)

1. RULES

1.1. The Series will be governed by the rules as defined in the Racing Rules of Sailing (RRS)

2. NOTICES TO COMPETITORS

2.1. Notices to competitors will be posted on the official notice board (white board located in the main entrance of the clubhouse).

3. CHANGES TO SAILING INSTRUCTIONS

3.1. Any change to the sailing instructions will be posted on the official notice board at least 30 minutes before the advertised warning signal of the race or races concerned

4. SIGNALS

4.1. Signals will normally be made from the safety boat.

4.2. An orange flag will be displayed 5 minutes before **first** starting sequence is due to commence. This changes RRS Rule 25.2.

4.3. In the event the safety boat is required to provide safety assistance to any boat on the water, this will take precedence over any further signals coming from the safety boat.

4.4. Where a race is postponed the AP Flag maybe displayed from the battery (Crow's Nest) of the club house.

4.5. Where a race has already started, racing may continue at the discretion of the RO. In this event the RO will be exonerated from protest for failure to provide proper signals from the safety boat.

5. SCHEDULE OF RACES

5.1. These are per the NYC website - [Series Calendar Dates](#) . Sunday Series, First Gun 14:30, Thursday Series, First Gun 19:00/19:30

6. CLASS FLAGS

6.1. Dinghies – Delta:  Others – Lima: 

7. RACE AREA

7.1. The racing area is directly east of the harbour into Dundrum Bay. It extends south as far as the Yellow Special Mark and east out to 1500m from the shore.

8. THE COURSES

8.1. No later than the warning signal, the race committee will designate the course

8.2. The course diagrams are in **Appendix 1** following **SI 18**. This shows the courses, the order in which marks are to be passed and the side on which each mark is to be passed.

8.3. Oral changes may be given on the water and must be communicated to each boat racing

8.4. Each boat must pass through the Start/Finish Gate at the end of each lap.

9. MARKS

9.1. Race Marks 1, 2, 3 & 4 are large yellow buoys.

9.2. Start and finish marks are white buoys.

10. THE START

10.1. Races will be started by using RRS 26.

10.2. The starting line will be between two white buoys, one at the port end and one at the starboard end.

10.3. Minimum number of boats appearing in the starting area required for a race to be started is three.

10.4. A boat crossing the Start Line to start later than 5 minutes after her starting signal shall be scored DNS.

11. SHORTENING COURSE & ABANDONMENT OF RACE

11.1. If a race is to be shortened or abandoned it will be done in accordance with RRS Rule 32.

11.2. In the event of a race being abandoned, finishing positions may be awarded based on times at the end of the previous lap where possible and will not result in a position higher than anyone who has completed the course.

12. THE FINISH

12.1. The finishing line will be the starting line

13. TIME LIMITS

13.1. Mark 1 Time limit for the first boat to pass Mark 1 is 20mins. If no boat has passed Mark 1 within the Mark 1 Time Limit, the race shall be abandoned.

13.2. Race Time Limit for the first boat to start, sail the course and finish. 45 mins

13.3. Finishing Window Time limit for boats to finish after the first boat starts, sails the course and finishes. 15 minutes

13.4. Boats that fail to finish within 15 minutes of the leading boat finishing will be scored where possible based on their position at the end of their last completed lap and will not result in a position higher than anyone who has completed the course. This changes RRS Rule 35, A5.1 and A5.2. If *practicable* these boats will be instructed by the safety boat to return immediately to the starting area for the start of the next race. There will be no redress if they miss their start.

14. SCORING

- 14.1. The Low Point System will apply to all races, in accordance with RRS Rule 90.3 subject to amendment by instruction 14.2.
- 14.2. The first boat finished will be scored 0.75. This changes RRS Appendix A4.
- 14.3. Number of races sailed will be as per the Club Event Calendar
- 14.4. Boats will count their “best” results as 70% of races sailed
- 14.5. Appendix A of the Racing Rules of Sailing sets out twelve situations in which a boat is given points without finishing a race. They are listed below.

<i>BFD</i>	<i>No of competitors + 1pt</i>	<i>DNS</i>	<i>No of competitors + 1pt</i>
<i>DGM</i>	<i>No of competitors + 1pt</i>	<i>DSQ</i>	<i>No of competitors + 1pt</i>
<i>DNC</i>	<i>No in Series + 1pt</i>	<i>NSC</i>	<i>No of competitors + 1pt</i>
<i>DNE</i>	<i>No of competitors + 1pt</i>	<i>OCS</i>	<i>No of competitors + 1pt</i>
<i>DNF</i>	<i>No of competitors + 1pt</i>	<i>RET</i>	<i>No of competitors + 1pt</i>
<i>TLE</i>	<i>No of competitors + 1pt</i>	<i>UFD</i>	<i>No of competitors + 1pt</i>

- 14.6. Redress will be given to a helm & crew when on NYC Race Duties or away representing NYC at competition. Redress points will be calculated based on average score of all races sailed in the series excluding DNCs.

15. PROTESTS AND REQUESTS FOR REDRESS

- 15.1. Hearing request forms are available at the race office. Protests and requests for redress or reopening a hearing shall be delivered there within the appropriate time limit.
- 15.2. The protest time limit is 60 minutes after the last boat has finished the last race of the day or the race committee signals no more racing today, whichever is later.
- 15.3. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses and where the hearings will be held.

16. SAFETY REGULATIONS

- 16.1. All members going afloat whether racing or not, must sign ON before going afloat on the sheets provided in the club porch.
- 16.2. A boat that retires from a race shall notify the Race Officer as soon as possible
- 16.3. All helms and crews must wear adequate personal buoyancy at all times whether racing or not. Neither a wetsuit nor drysuit constitute adequate personal buoyancy.
- 16.4. Where conditions are considered marginal or unsuitable for sailing then the Race Officer and Safety Helm in consultation with a Flag Officer (if present) and an experienced sailor shall decide if sailing will go ahead.

- 16.5. Where conditions are considered marginal or unsuitable for junior or inexperienced sailors, the Race Officer, a safety boat helm or a Flag Officer may instruct that that helm should not go afloat or if they are already afloat that they return to shore.

17. RISK STATEMENT

- 17.1. RRS Rule 3 states: 'The responsibility for a boat's decision to participate in a race or to continue racing is hers alone. Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each sailor agrees and acknowledges that:
- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event
 - (b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore
 - (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions
 - (d) Their boat is in good order, equipped to sail in the event and they are fit to participate
- 17.2. The provision of a race committee, safety boats and other officials and volunteers by NYC does not relieve each sailor of their own responsibilities.
- 17.3. The provision of safety boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances
- 17.4. It is the sailors' responsibility to familiarise themselves with any risks specific to this venue or this event, drawn to their attention in any rules and information produced for the venue or event and to attend any safety briefings

18. INSURANCE

- 18.1. All boats shall have as a minimum 3rd Party Liability Insurance of £2,000,000