

# Newcastle Yacht Club

## Club Racing Sailing Instructions

### Sailing Instructions for Thursday & Sunday Points Sailing, June '17 Revision

#### 1. Rules

- 1.1. Racing will be governed by the rules as defined in the Racing Rules of Sailing (RRS)
- 1.2. Changes to the RRS will be as described in these Sailing Instructions.

#### 2. Notices to Competitors

- 2.1. Notices to competitors will be posted on the official notice board located in the main entrance of the clubhouse.

#### 3. Changes to Sailing Instructions

- 3.1. Any changes to the Sailing Instructions will be posted on the official notice board at least 30 minutes before the advertised warning signal of the race or races concerned.

#### 4. Signals

- 4.1. Signals will normally be made from the safety boat in accordance with Rules 26, 27 & 29 & Appendix 1, 'NYC Signaling Flags, 2017'.
- 4.2. In the event the safety boat is required to provide safety assistance to any boat on the water, this will take precedence over any further signals coming from the safety boat. Where a race has already started, racing may continue at the discretion of the RO. In this event the RO will be exonerated from protest for failure to provide proper signals from the safety boat.
- 4.3. Signals made ashore will be displayed from the battery (crow's nest) of the clubhouse. When the AP flag is displayed ashore, '1 minute' is replaced with 'not less than 10minutes' in the race signal AP.

#### 5. Schedule of Races

- 5.1. These are as per the NYC 2017 Calendar PDF found on the club's website; <http://www.newcastleyachtclub.co.uk>

#### 6. Class Flags

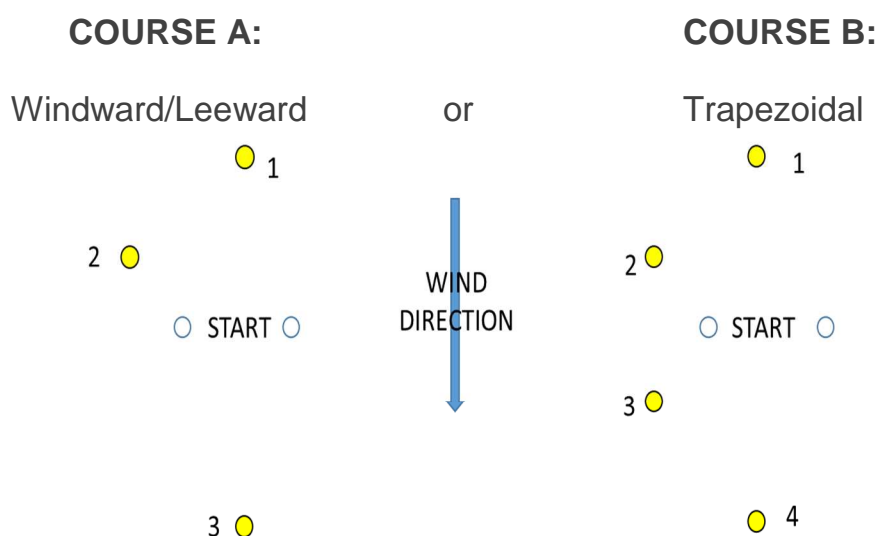
- 6.1. Dinghies – Delta:  Others – Lima: 

#### 7. Racing Area

- 7.1. The racing area is directly east of the harbour into Dundrum Bay. It extends south as far as the Yellow Special Mark and east out to 1500m from the shore.

#### 8. The Course

- 8.1. Figure 1. Shown below



**Fast PY Fleet: Start - 3laps – Finish**  
**Slow PY Fleet: Start – 2laps - Finish**

8.2. The race course will be marked up on the Course Board in the main entrance of the clubhouse. Any amendments to Rule 8.1 will be marked up on the Course Board accordingly.

**9. Marks**

- 9.1. Race Marks 1, 2, 3 & 4 are large yellow buoys. Each will be rounded on port in the order of 1 – 2 – 3 (- 4).
- 9.2. Start and finish marks are white.

**10. The Start**

- 10.1. The minimum number of boats appearing in the starting area required for a race to be started is three.
- 10.2. The start line will be between the two starting marks, one at the port end and one at the starboard end, laid between race marks 1 and 3 or 4.
- 10.3. A boat crossing the Start Line to start later than 5 minutes after her starting signal shall be scored 'DNS'. This changes RRS Rule A4.

**11. Shortening Course & Abandonment of Race**

- 11.1. If the race is to be shortened or abandoned it will be done in accordance with RRS Rule 32.
- 11.2. In the event of a race being abandoned, finishing positions may be awarded based on times at the end of the previous lap where possible and will not result in a position higher than anyone who has completed the course.

**12. The Finish**

- 12.1. The finish line will be marked up on the Course Board and will incorporate one or both of the two starting marks.

**13. Penalties**

- 13.1. Penalties shall be based RRS 44.1 and 44.2.

**14. Time Limits**

- 14.1. Time limit for each race shall be 60 minutes
- 14.2. Boats that fail to finish within 15 minutes of the leading boat finishing will be scored where possible based on their position at the end of their last completed lap and will not result in a position higher than anyone who has completed the course. (This changes RRS Rule 35, A4 & A5)
- 14.3. If *practicable* these boats will be instructed by the safety boat to return immediately to the starting area for the start of the next race. There will be no redress if they miss their start.
- 14.4. Timings for each lap shall be taken at the rounding of the last mark of each lap.

**15. Protests**

- 15.1. A protest will be in accordance with RRS Rule 61.3.
- 15.2. The time limit is one hour after the last boat in the last race of the session finishes.

**16. Scoring**

- 16.1. The Low Point System will apply to all races, in accordance with RRS Rule A4, subject to amendment by instruction 16.2 and 16.5.
- 16.2. The first boat finished will be scored 0.75. This changes RRS Rule A4.1.
- 16.3. Number of races sailed will be as per the Club Event Calendar
- 16.4. Boats will count their "best" results as 70% of races sailed
- 16.5. Further changes to RRS Rule A4.2

DNC	No in Series + 1 pt	DNE	No of starters +2pts
DNF	No of starters +1pt	OCS	No of starters +1pt
DNS	No of starters +2pts	RET	No of starters +1pt
DSQ	No of starters +2pts		

16.6. If after discard two or more boats have the same points total at the end of the series, the tie will be broken in accordance with RRS A8.2.

**17. Regulations**

- 17.1. All members going afloat whether racing or not, must sign ON before going afloat on the sheets provided in the club porch. Sailors must sign OFF within 10 minutes of the rescue boat coming off the water.
- 17.2. A boat that retires from a race shall notify the Race Officer as soon as possible
- 17.3. All helms and crews must wear adequate personal buoyancy at all times whether racing or not. Neither a wetsuit nor drysuit constitute adequate personal buoyancy.(This changes rule RRS Rule 40)

17.4. Where conditions are considered marginal or unsuitable for junior or inexperienced sailors, the Race Officer, a safety boat helm or a Flag Officer may instruct that that helm should not go afloat or if they are already afloat that they return to shore.

## 18. Risk Statement

18.1. RRS Rule 4: Decision to Race: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone". Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

18.1.1. They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;

18.1.2. They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;

18.1.3. They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;

18.1.4. Their boat is in good order, equipped to sail in the event and they are fit to participate

18.2. The provision of a race management team, safety boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities.

18.3. The primary function of the safety boat is to provide help to sailors in difficulty or in need of assistance on the water. The provision of safety boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances. Assistance in racing is a secondary function of the safety boat.

## 19. Insurance

19.1. All boats shall have as a minimum 3rd Party Liability Insurance of £2,000,000.

## Notes

- **Sail Numbers:** Boats may not display the sail number of another boat without prior permission of the Race Officer or Sailing Secretary otherwise points will not be awarded.
- **Ownership, helming and eligibility:** Boats shall be wholly owned by one or more Club Members and shall be helmed by a Club Member in any race. A boat may be exempted from this restriction only on prior authorisation from the Sailing Secretary. A boat may be disqualified from a race or series of races, if any Club Member on board that boat has failed to fulfil their Race Officer or Rescue duty without providing reasonable excuse, or if their subscription or park fees are unpaid.
- **Assistance to inexperienced sailors:** Coaching may be given from the safety boat at the back of the fleet.
- Assistance may be given e.g. righting a boat, by the safety boat where no obvious advantage is obtained.