



Newcastle Yacht Club Laser & Topper

Saturday 18th July

SAILING INSTRUCTIONS

1.0 Rules

- 1.1 The event will be governed by the rules as defined in *The Racing Rules of Sailing*, the prescriptions of the RYA, and these sailing instructions.
- 1.2 The sailing instructions may be amended by the Race Committee, and in any such conflict with the sailing instructions, the prescription of the Race Officer shall prevail.
- 1.3 Any change to the sailing instructions will be announced at the competitors' briefing.

2.0 Eligibility and Entry

- 2.1 All competitors who are not already members of Newcastle Yacht Club shall be Temporary Members of the Club for the duration of the Regatta. The Club and its representatives reserve the right to withdraw this membership.

3.0 Signals

- 3.1 All signals will be made ashore from the Race Officer's battery. This is the crow's nest located at 1st floor level on the front of the Club-house. No signals will be made on the water.

4.0 Schedule of Races

- 4.1 A competitors' briefing will be held at 1015 in the clubhouse.
- 4.2 Four races are scheduled:
 - Race 1 - first warning signal will be at 1110
 - Race 2 - immediately after Race 1
 - Race 3 - first warning signal will be at 1410
 - Race 4 - immediately after Race 3
- 4.3 No race will start after 1630.

5.0 Classes

- 5.1 Two classes will compete:
 - Laser class – eligible to full/radial/4.7 sails
 - Topper class – eligible to full/4.2 sails
- 5.2 Overall positions in each class will be calculated using PY handicap.

6.0 Starting Procedure

- 6.1 Amending RRS 26, the start line and starting signals will be in accordance with the NYC Club Racing SIs (see Appendix attached).
- 6.2 A boat starting later than 5 minutes after the Start signal shall be scored DNS.
- 6.3 Individual recalls and general recalls will be in accordance with the NYC Club Racing SIs (see Appendix attached).

7.0 The Course

- 7.1 Separate triangular courses will be set for each class. Both classes will share the same start line but other course race marks may or may not be shared.
- 7.2 The course selected for each class, race and number of laps to be sailed shall be announced at the competitors' briefing and posted on the course-board located inside the clubhouse at the bottom of the stairs.
- 7.3 Each boat must sail through the Starting Line at the end of each lap.

- 7.4 The course selected may change for each race.
- 7.5 The course may be shortened or race abandoned in accordance with the NYC Club Racing SlS (see Appendix attached).
- 8.0 Finishing**
- 8.1 The finish line will be an imaginary line between the Race Officers post and the outer limit marker buoy. The inner limit is the inner limit marker buoy.
- 9.0 Time Limit**
- 9.1 Large dinghies that fail to finish within 10 minutes of the leading large dinghy will be scored DNF. Similarly, small dinghies that fail to finish within 10 minutes of the leading small dinghy will be scored DNF. All such boats will be instructed by the rescue boat to return immediately to the starting area for the start of the next race. There will be no redress if they miss their start.
- 10.0 Penalties**
- 10.1 Penalties shall be based RRS 44.1 and 44.2. Any boat that touches any race mark must take a 1 turn penalty. Any other racing offence will incur a 2 turn penalty.
- 10.2 After getting well clear of other boats and as soon after the incident as possible, a boat shall take its penalty turns. If a boat incurs the penalty at or near the finishing line she shall take her turns before finishing.
- 11.0 Protests**
- 11.1 A protest will be in accordance with RRS 61.3 except that the time limit is one hour after the last boat in the last race of the session finishes. A Protest Form is available from the Race Officer.
- 12.0 Scoring**
- 12.1 The Low Points System shall be used.
- 12.2 When fewer than 4 races have been completed, a boat's series score will be the total of her race scores. When 4 races have been completed, a boat's series score will be the total of her scores excluding her worst result.
- 13.0 Prizes**
- 13.1 Prizes will be awarded after racing has been completed in the Clubhouse as follows:
Laser class - 1st, 2nd, 3rd helm and crew
Topper class - 1st, 2nd, 3rd helm and crew
- 13.2 Class trophies (eligible to NYC members only) will be awarded at the end of season Dinner.
- 14.0 Safety**
- 14.1 Where conditions are considered marginal or unsuitable for junior or inexperienced sailors, the Race Officer, a safety boat helm or a Flag Officer may instruct that that helm should not go afloat or if they are already afloat that they return to shore.
- 14.2 All competitors must wear adequate personal buoyancy at all times when on the water. Neither a wetsuit or drysuit constitute adequate personal buoyancy.
- 14.3 All competitors must sign out before going afloat on the sheet provided in the club porch and sign in immediately upon returning to the club house after coming ashore. Failure to sign out or sign in will result in disqualification.
- 15.0 Risk Statement**
- 15.1 The Risk Statement is as published in the Notice of Race.
- 16.0 Insurance**
- 16.1 Each participating boat must be insured with valid third party liability insurance with a minimum cover of £2,000,000 or equivalent currency.

Appendix 1

6.1 Starting Procedure

Races shall be started by using signals and times shown in Table 1 below. Times shall be taken from the visual signals; the absence of a sound signal shall be disregarded. RRS 26 does not apply.

Table 1

Signal	Light	Sound	Time before start
Warning	Red	1 blast	5 minutes
Preparatory	Red/Amber	1 blast	4 minutes
One-minute	Red/Amber/Green	1 blast	1 minute
Start	All lights out	1 blast	0

6.3 Recalls

Individual recall - When at a boat's starting signal any part of her boat, crew or equipment is on the course side of the starting line the Race Officer shall signal an individual recall. An individual recall will be signalled by displaying the green light only and one additional blast of the horn. The green light will be displayed until all offending boats have exonerated themselves by either dipping the line or rounding the end.

General recall - This will be signalled by displaying the amber and green lights and an additional 2 blasts of the horn. A single blast shall be given when the amber and green lights are removed. The warning signal for a new start of the recalled fleet shall then be made one minute later.

7.5 Shortening Course & Abandonment of Race

Shortened course - All lights switched on when the leading boat is about to round the mark prior to the finish.

Abandonment - A single amber light and 3 sound blasts of the horn will signal the abandonment of the race.